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Dr. Rajeev Kumar Singh is an Assistant Professor in the Department of Physiotherapy at the Regional Institute of Paramedical and Nursing Sciences (RIPANS), Aizawl, under the Ministry of Health and Family Welfare, Government of India. He has academic, clinical, and research experience in physiotherapy, with specialization in Geriatric Physiotherapy and Rehabilitation and an academic interest in neurological rehabilitation.

He completed his Bachelor of Physiotherapy from Guru Gobind Singh Indraprastha University, New Delhi, and Master of Physiotherapy in Neurology from the University of Delhi. He is currently pursuing his PhD in Physiotherapy at Manav Rachna International Institute of Research and Studies (MRIIRS), Faridabad.

His doctoral research focuses on frailty assessment and rehabilitation in older adults, particularly in relation to neuromuscular function and functional performance. His research interests encompass multidimensional frailty, falls and fall-risk, fear of falling, fall-avoidance behaviour, gait and mobility, balance and postural control, sarcopenia, age-related functional decline, and healthy ageing, with an emphasis on evidence-based approaches to prevention and rehabilitation.

Prior to joining RIPANS, Dr. Singh held academic and clinical teaching positions at prestigious universities and higher education institutions across the Delhi-NCR region. His teaching experience includes undergraduate and postgraduate physiotherapy education, clinical instruction and supervision, competency-based practical training, curriculum development, academic coordination, and student mentorship.

He has been actively involved in research and scholarly activities, including peer-reviewed publications, academic book chapters, scientific presentations, and intellectual property. He has presented research at national and international scientific forums, including academic platforms associated with premier institutions such as AIIMS, New Delhi. His scholarly contributions broadly focus on geriatric rehabilitation, frailty, comprehensive geriatric assessment, falls, functional performance, mobility, and healthy ageing.

Dr. Singh is committed to advancing physiotherapy education, evidence-based clinical practice, and rehabilitation research, with a focus on translating scientific evidence into clinically relevant strategies that support functional independence and healthy ageing.
